

Welcome to Eternal  
Youth Health Spa,  
Where Health & Beauty  
Walk Hand-in-Hand.



New Clients Receive  
**50% OFF**  
Their First Treatment!!!

Expires:

**Eternal Youth**  
Health Spa  
130 E. Altamonte Dr.  
Altamonte Springs, FL 32701  
Phone: 407.374.2551  
[www.eternalyouthhealthspa.com](http://www.eternalyouthhealthspa.com)

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**Eternal Youth**  
Health Spa



Where Health & Wellness Revitalize Your  
Mind, Body & Soul

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**Facials** (50 min) \$60

- **Eternal Youth Signature Facial** assists in tightening & brightening aging & mature skin. Restore youth & vitality to your complexion!
- **Deep Pore Cleansing Facial** revitalizes dull skin by removing blackheads & other impurities!
- **Hops & Barley Skin Treatment** is designed specifically to cater to a mans need for refreshed, irresistibly touchable skin!
- **Clear Skin Facial** balances & heals acne prone skin helping to clear congestions & prevent further breakouts.

**Express Facial** (30 min) \$40  
Our perfect on-the-go facial will have you in & out with brighter more youthful looking skin.

**Waxing**

Back	\$40
Bikini	\$30
Brazilian	\$60
Brow/Lip/Chin	\$12
Chest	\$40
Full Leg	\$65
Half Leg	\$30
Underarms	\$30

**Cosmetic Enhancements**

Eyelash Extensions	
• Full Set	\$200
• Fill	\$40
Eyelash Tinting	\$35
Brow Tinting	\$20
Eyelash Perm	\$40
Spray Tan	\$30

**Specialties**

**Microdermabrasion** this intense exfoliation treatment will leave your skin feeling softer than you have ever felt. Roll back the years with a series of six or more to stimulate collagen production thereby helping diminish fine lines & pigmentation disorders, acne & scars leaving your skin healthy & glowing.

(20 min) \$60  
With Facial (45 min) \$75

**Glycolic Peel** will rejuvenate dull, aging skin and reveal a youthful glow. A series of 6 will stimulate new skin cell turnover to correct wrinkles, sun damage, acne and hyperpigmentation.

(20 min) \$60  
With Facial (45 min) \$75

**Stone Rejuvenation** is a non-ablative treatment that uses a Gua-Sha stone and the ancient art of Traditional Chinese Medicine to break up adhesions in the face thereby smoothing out fine lines and wrinkles. This treatment stimulates collagen production to obtain tighter skin with increased elasticity. For optimal results a series of ten or more may be required.

(20 min) \$60  
With Facial (45 min) \$75



**Massages**

30 Min	\$45
60 Min	\$75
90 Min	\$95
*Reflexology Upgrade (20 min)	\$25
*Hot Stone Therapy Upgrade	\$25

**Treatment Modalities**

**Swedish Relaxation Massage** is our basic massage using firm but gentle pressure increasing flexibility, circulation, muscle aches & tension.

**Deep Tissue Therapeutic Massage** uses a variety of techniques to get not only the surface muscles but also connective tissue & fascia in order to loosen & release muscle tension & knots.

**Aromatherapy** has been used for centuries to relieve stress & various ailments. The addition of natural plant essential oils to any massage refreshes the mind, body & soul.

**Sports Massage** stimulates muscles, increases circulation & range of motion, & restores vitality to sore muscles for athletes and work out addicts.

**Hot Stone Therapy** combines a relaxing massage with the application of heated stones to help soften the muscles & reduce stress.

**Cupping** is a specialized myofascial release technique used to aid a number of disorders including but not limited to sports injury, edema from lack of lymph drainage, respiratory conditions, acute/chronic pain and stiffness and the smoothing of uneven surfaces such as cellulite.

**Gua-Sha Stone** is a modality typically practiced by Traditional Chinese Medicine practitioners to detoxify the body, break up adhesions, increase circulation, reduce fever and assist with immune functioning.